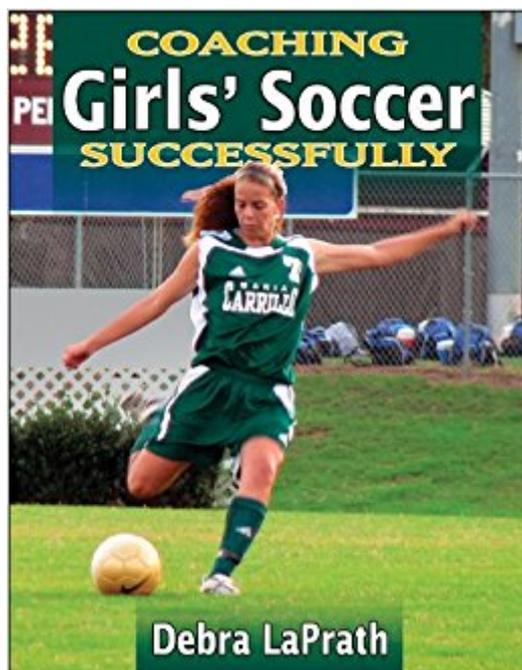


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# Coaching Girls' Soccer Successfully (Coaching Successfully)



## Synopsis

Build a winning girls' soccer program, on the field and off. In *Coaching Girls' Soccer Successfully*, one of the nation's top high school coaches, Debra LaPrath, shares her expertise on all aspects of coaching. From establishing a coaching philosophy to making decisions during a game, this is the approach that has made her program a perennial powerhouse. *Coaching Girls' Soccer Successfully* covers every aspect of the coach's role: -Developing and perfecting skills-Evaluating players and defining their roles-Organizing productive practices-Scouting and preparing for games-Adding variety to training-Developing leadership qualities-Motivating the team -Communicating on and off the field Featuring seasonal training plans, drills for developing fundamental to advanced skills, and advice for handling off-the-field challenges, *Coaching Girls' Soccer Successfully* is the most comprehensive resource available for novice and experienced coaches alike.

## Book Information

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## Customer Reviews

"Coaching Girls' Soccer Successfully is an excellent resource for soccer coaches of all levels. LaPrath transforms years of experience as an extraordinary coach into an invaluable tool for developing winning teams both on and off the soccer field." Kelli Robinson, President of Fearless Soccer and Fitness, Former Professional Soccer Player "Debra's coaching techniques made me a better player, a more complete athlete, and ultimately a more confident woman. For motivational tips, coaching guidelines, and specific strategies for working with female soccer players, this book is

a must-read!"Melissa MatulichNCAA Division I Soccer (2003-2007)2007 Wally Bell Award Winner  
"Debra is the inspirational player every team wanted. Her enthusiasm, work ethic, and spirit were always a source of motivation at trainings. People simply wanted to be on her team. She brings nothing less to Coaching Girls' Soccer Successfully . Her approach to teaching and knowledge of the fundamentals make individuals and teams improve. But what LaPrath really excels at are the off-the-field aspects of team unity, player development, leadership, and communication that consistently build a successful program.Kim T. SuttonWomen's head soccer coachChico State University

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I have been coaching for few years and the author breaks down her system for running a team into much detail. It list a few drills but what a really found lacking was any strategies or advanced tactical instruction. I think she saved all her real secrets so her competitors would not learn too much!For seasoned coaches, this is mostly review which is never a bad thing to do. For a new coach at a middle school or high school level, this book would be indispensable reference but is not going to make you into a winning team without further study of the game.

I read this book before my first season as a JV high school girls soccer coach. I knew I was coming into a program that had many problems and issues the year before. I was really looking for information on how to successfully coach high school girls and this is a great guide for that. You could title this book "how to coach girls in any sport" and use the soccer part as a sport it worked well with. As a member of an entirely new coaching staff to a struggling program I felt we were successful at turning the program in a positive direction and this book really helped me prepare to do that.

A very good book with plenty of tips and recommendations.

Great!!

If you don't know a thing about soccer, then I guess you might want to invest in this book. If you are somewhat experienced in soccer, don't buy it. Nothing new in it.

Great insight and helpful tips! Glad I bought it.

As a boys and girls high school coach, this book gives great insight to the coaching needs that girls require to be successful. Great book!

I played soccer growing up!! I have coached youth soccer ages 3-10 and wanted to get ideas about moving up to coach teenagers. I learned so much reading this book-tactical, drills and team building! I really enjoyed the personal stories about the authors' team! I especially liked the one about "Jared's Wig". I even had my 13 year old read some of the stories and look at the drills! She really enjoyed the stories and was looking for heading drills and found some great ones she really liked, and great passing and receiving drills! I went ahead and ordered 2 of these books from since I got free shipping if I did, and gave one to my daughters soccer coach as a Gift and he really thought it was awesome!! highly recommend this book to anyone wanting to know more about the game of Soccer and Coaching it!

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